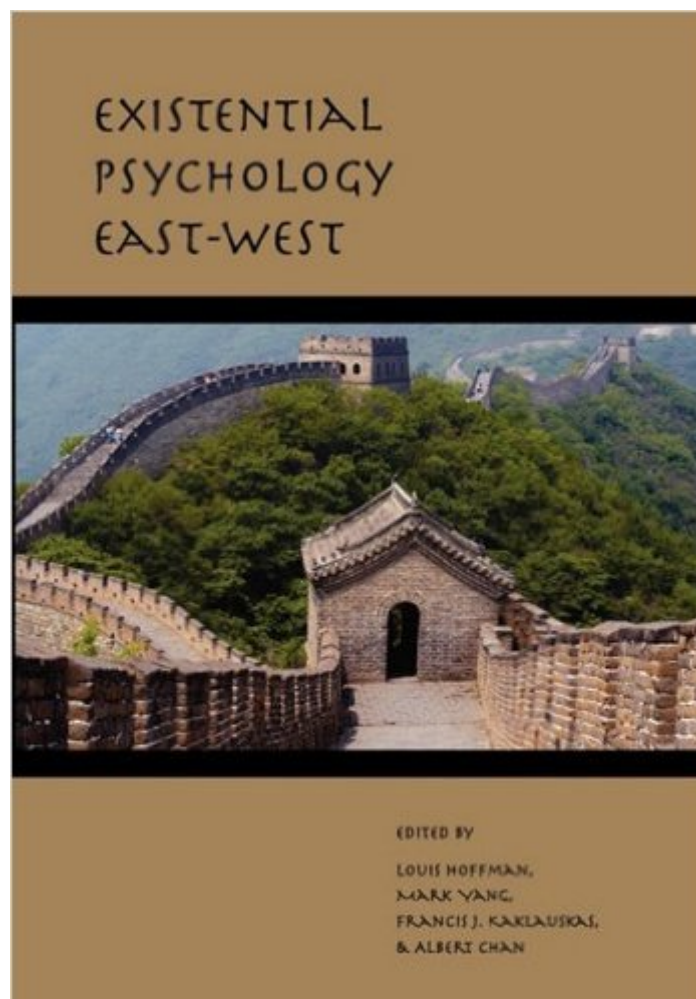


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# Existential Psychology East-West



## Synopsis

Existential Psychology East-West presents a dialogue between leading Eastern and Western Scholars on existential psychology and psychotherapy. This unique book places emphasis on dialogue and mutual growth instead of merely applying existential psychology in an Eastern context. The book begins with an thorough overview of existential psychology as it has been developed in the West, particularly the tradition of Rollo May and James F. T. Bugental. The second section of the book immerses the reader in a dialogue between East and West that include many important historical and contemporary Chinese scholars. This section has chapters by many leading existential scholars including Kirk Schneider and Erik Craig. The final section of the book explores a variety of myths, which are understood as being cultural specific responses to the existential givens. Drawing on Rollo May's theory in the book *The Cry for Myth*, these stories provide an in depth analysis on how various cultural myths can illuminate ways individual cultures have faced the existential givens.

## Book Information

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## Customer Reviews

Eastern thought and Western psychology have been lifelong interests of mine. The book's deft integration delivers the wisdom that we each yearn for and already possess. This book helped me feel more engaged and alive. Highly recommended for the therapist or general reader.

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